



CAM HOPTON CHURCH OF ENGLAND PRIMARY SCHOOL (VOLUNTARY AIDED)

'Life in all its fullness'

PE Policy

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This policy is to be reviewed in line with other related policies and any other documentation from the DfE, Ofsted and Gloucestershire Diocese.

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Introduction

The purpose of this policy is to outline the teaching, organisation and management of Physical Education taught and learnt at Cam Hopton Primary. A high quality Physical Education will enable pupils to become physically confident in a way which supports their health and fitness and embed values such as fairness and respect.

Statements

Intent

At Cam Hopton we aim to develop children's confidence in their physical ability; perseverance and creativity through the development of skills and generosity and trust through team work.

Our inclusive curriculum is designed to promote a healthy informed lifestyle and physical and mental well-being. We actively seek opportunities for children to participate in competitive sport, within school and the wider community and to take part in different and exciting activities.

Teachers and qualified sports coaches aim to create high quality teaching and learning opportunities that support children throughout their lives.

Implementation

Children have regular opportunities for directed high-quality PE and physical activity each week.

In line with the National Curriculum, we use REAL PE to plan activities for the skills taught. In partnership with Cam Hopton's PE leader, teachers develop lessons for different groups of children, which challenge and support them, depending on need and stages of development. This includes directing playtime activities and mentoring children as Sports Leaders.

Over the course of a school year, children attend swimming lessons and take part in cluster school competitions and transition activities. Within school, they compete in termly inter-school challenges, where parents/carers are encouraged to watch and support. There are also a variety of sporting events for our children to represent our school, including rugby, football, cross-country, swimming, netball and cricket.

Using the Sports Premium Grant, the PE leader ensures that extra-curricular sports clubs are free of cost to any child that wishes to attend.

Impact

At Cam Hopton the PE and physical activity curriculum allows children to develop fundamental skills and apply them to a variety of sports and activities. By the end of

primary school, our aim is for Year 6 pupils to have the skills to self-rescue in the water and swim 25 metres competently.

Children learn to take responsibility for their health and well-being. They understand the values and importance of fair play and being a good sportsperson.

All children are encouraged to 'be the best they can be'. We hope that this enables them to develop a love of sport and physical activity and enjoy potential success in competitive sport, which enriches their future lives.

Audience

This policy is for:

- All staff including temporary and students
- Parents and carers
- Governors
- Other stakeholders

Aims and objectives

We follow the 2014 National Curriculum for PE. Pupils will be able to:

- develop competence to excel in a broad range of physical activities
- be physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives

Teaching and Learning

In line with the 2014 National Curriculum, PE is taught as a statutory subject throughout KS1 and KS2. We aim to deliver high quality physical activities for 2 hours each week following national guidance. Additionally, we run extracurricular sports clubs eg. Football, Table Tennis and tag rugby.

EYFS:

Physical development is a prime area of learning which underpins much of the EYFS curriculum.

- Moving and Handling: Develop good control and co-ordination in gross and fine motor skills
- Health and Self-Care: Understanding the role of physical exercise and diet

KS1:

Through multi skill activities and games, children will:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns

KS2:

Further development of skills and knowledge, children will:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games (eg rounders, football and netball) and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance (eg athletics and gymnastics)
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- evaluate and compare their own and others' performances with previous ones and suggest developments

Swimming:

At Cam Hopton, children from Year 2 to 6 undertake swimming lessons at Dursley Pool for 1 short term (approx. 6 weeks). Through these lessons children will be able to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively (front crawl, backstroke and breaststroke)
- perform safe self-rescue in different water-based situations

Monitoring and Assessment

Class teachers will be responsible for the regular monitoring of pupil's attainment and progress in PE and these will be recorded termly.

The PE Subject Leader will take overall responsibility for the monitoring and development of PE throughout the school. During the term in which PE is in focus, the Subject Leader may undertake such monitoring activities as lesson observations, pupil conferencing, subject walks. They will review the subject development plan and use evidence gathered through monitoring to formulate a new one. This will be reported to Governors through a written report to the Teaching and Standards Committee.

Equipment and Resources

The school has a PE kit, which KS1 and KS2 children are expected to wear into school on predetermined PE days. EYFS children are expected to bring in a PE kit within a bag to change into as part of their skills development. All jewellery needs to be removed and all long hair tied back.

The PE equipment is based in the hall and PE shed. Each class teacher has access to the PE shed; it is the responsibility of the staff to ensure that outdoor equipment is replaced after each session and equipment in the hall is correctly assembled and stored after use. Any PE equipment and resources deemed faulty should be reported to the PE Subject Leader and taken out of use immediately if dangerous.

Equal opportunities

At Cam Hopton teachers have high expectations of every pupil. Children who are identified as working above age related expectations will be given opportunities to extend their learning further both in lessons, through extracurricular activities and through links with local schools and organisations. Lessons will be appropriately differentiated for all pupils and additional support given as necessary.

Subject review

This policy will be reviewed annually by the subject leader and with all staff as necessary.

Links to other policies

Teaching and learning policy

SEND policy

Equal opportunities

Other curriculum policies (English)

Healthy Schools policy

Cam Hopton CE Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

This school aims to serve the community by providing high quality education and promoting Christian Values.