

Cam Hopton CE Primary School PE Curriculum

Life in all its Fullness

Intent

At Cam Hopton we aim to develop children's confidence in their physical ability; perseverance and creativity through the development of skills and generosity and trust through team work.

Our inclusive curriculum is designed to promote a healthy informed lifestyle and physical and mental well-being. We actively seek opportunities for children to participate in competitive sport, within school and the wider community and to take part in different and exciting activities.

Teachers and qualified sports coaches aim to create high quality teaching and learning opportunities that support children throughout their lives.

Implementation

Children have regular opportunities for directed high-quality PE and physical activity each week. This includes the Daily Mile.

In line with the National Curriculum, we use REAL PE to plan activities for the skills taught. This includes professional development for our staff and mentoring from our Sports Coach.

In partnership with Cam Hopton's PE leader, the Sports Coach develops lessons for different groups of children which challenge and support them, depending on need and stages of development. This includes a *Healthy Heroes* scheme of work, directing playtime activities and mentoring children as Sports Leaders.

Over the course of a school year, children attend swimming lessons and take part in cluster school competitions and transition activities. Within school they compete in termly inter-school challenges, where parents/carers are encouraged to watch and support. There are also a variety of sporting events for our children to represent our school, including rugby, football, cross-country, swimming, netball and cricket.

Using the Sports Premium Grant, the PE leader ensures that extra-curricular sports clubs are free of cost to any child that wishes to attend.

Impact

At Cam Hopton the PE, physical activity and Healthy Heroes curriculum allows children to develop fundamental skills and apply them to a variety of sports and activities. By the end of primary school our aim is for Year 6 pupils to have the skills to self-rescue in the water and swim 25 metres competently.

Children learn to take responsibility for their health and well-being. They understand the values and importance of fair play and being a good sportsperson.

All children are encouraged to 'be the best they can be'. We hope that this enables them to develop a love of sport and physical activity and enjoy potential success in competitive sport, which enriches their future lives.