

Cam Hopton Church of England Primary School (Voluntary Aided)

PSHE

Life in all its fullness

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This policy is to be reviewed in line with other related policies and any other documentation from the DfE, Ofsted and Gloucestershire Diocese

Introduction

At Cam Hopton Primary School we see Personal, Social and Health Education as being at the centre of all that we do. Through our curriculum, our school environment and our school ethos, we promote pupils' self-esteem and emotional well-being and help them to form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, at school, at work and in the community.

We ensure that they experience democracy in school including through the School Council and Worship Council, and they learn to appreciate what it means to be a positive member of a diverse multicultural society. Under guidance from the DfE from September 2020, Health Educations and Relationships Education is compulsory. At Cam Hopton Relationships Education includes Sex Education (some of which is non-statutory) to form RSE.

We believe that to be effective RSE should be taught within the broader PSHE programme. Please see the RSE Policy and Curriculum documents for further details.

Aims

The aims of PSHE are to enable the children to develop the skills, knowledge, understanding and attitudes they need to be able to:

- Have respect for themselves and others, valuing the differences and similarities between people.
- Develop good relationships with other members of the school and wider community.
- Be independent and responsible members of society.
- Be positive and active members of a democratic society.
- Develop self-confidence and self-esteem, and make informed choices regarding personal and social issues.
- Know and understand what constitutes a healthy lifestyle.
- Be aware of safety issues and manage risk in their own lives.
- Know how to manage their emotions.
- Stay safe online.

Curriculum organisation

- At Cam Hopton we have adopted the Coram Life SCARF Curriculum alongside the Gloucestershire Healthy Living and Learning (GHLL) Curriculum.
- PSHE is planned in termly units, interlinked with RSE.
- In addition to this, PSHE is also taught within other subject areas and as part of cross-curricular projects: Science, Geography, RE, Literacy and History.
- PSHE will also be addressed on a daily basis as questions and incidents arise. At times, teachers may choose to hold an additional Circle-time session in response to a particular event or issue.
- Whole school and class worships provide a daily opportunity to enhance pupils' spiritual, moral, social and cultural development, promoting our school's values and celebrating achievement.
- We also develop PSHE and citizenship through activities and whole school events, e.g. the school council meet to discuss school matters. We offer a Year 6 residential

to the children where there is a particular focus on developing pupils' self-esteem and giving them opportunities to develop leadership and co-operative skills and to consider environmental matters.

- In the Foundation Stage PSED is taught as an integral part of the curriculum where Personal, Social and Emotional Development involves helping children to develop a positive sense of themselves and others; to form positive relationships and develop respect for others; to develop social skills and learn how to manage their feelings; to understand appropriate behaviour in groups; and to have confidence in their own abilities.

Teaching, learning and Resources

- Teachers use the Coram Life SCARF website and the GHLL planning file to plan PSHE lessons.
- Emphasis is placed on active learning through planned discussions, Circle-time, investigations, role-play activities, puppets, group-work and problem-solving.
- All teachers endeavour to provide a safe learning environment through the establishment of clear behaviour systems which are made explicit to the children and reinforced consistently, including through the use of 'Emotion Coaching'.
- Visiting speakers from the local community such as the Police and Fire Service also contribute to the taught curriculum. We also have representatives from the local church, who form an integral part of our community.
- Beyond timetabled PSHE lessons, pupils are supported in applying the skills they are learning, in real-life situations as they arise: e.g. resolving conflicts; working as part of a group on a project or as Sports Leaders.
- Children are encouraged to take part in a range of practical activities to promote active citizenship, e.g. charity fund-raising; the planning of special events at school; making class rules; School Council meetings; Worship Council meetings and taking on roles of responsibility for themselves, for others and for the school.
- Cam Hopton has a trained Emotional Literacy Support Assistant (ELSA), a Trusted Emotionally Available Adult (TEAA) and a Family Support Worker (FSW) to support children and families with their feelings and emotions.

Equal Opportunities

At Cam Hopton all children have an entitlement to access the PSHE curriculum.

All teaching staff provide learning opportunities matched to the individual needs of the child. All children are given the opportunity to participate in all activities regardless of gender, race or ability.

Community links

Working in partnership with parents and carers and with the wider school community is an essential element of PSHE. We seek to involve parents and keep them informed through our weekly newsletters and termly curriculum letters formed by each class teacher. Parents are encouraged to contact school whenever they have any concerns or anything they would like to discuss with us. We foster links with the wider community through various activities such as our relationship with St George's Church.

Subject review and monitoring

The PSHE and RSE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. The subject leader supports colleagues in the teaching of PSHE and RSE, by giving them information about current developments in the subject and by providing a strategic lead and direction in the school. The policy will be updated by the subject lead.

Links with other policies

This policy links particularly to the following policies:

- Relationship and Sex Education
- Safeguarding and Child Protection
- Behaviour
- Anti-bullying
- Acceptable use of IT

Cam Hopton CE Primary School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.

This school aims to serve the community by providing high quality education and promoting Christian Values